



Rehab and Fitness Center



quality Care

We believe that all our residents deserve to be treated with respect and dignity. Southern Oaks realizes that each of our residents has individual needs, and we specialize in providing the care necessary to fulfill these needs.

Our interdisciplinary team works together with each resident's doctor and associated health care professionals to develop a plan of care tailored to meet the specific needs of each resident. This plan of care is implemented by a dedicated, professional staff trained to the highest standards of excellence, yet sensitive to the emotional

needs of our residents. At Southern Oaks Nursing & Rehabilitation Center, you will find *Quality Care and Superior Service.*



a truly Exceptional place



Southern Oaks Nursing & Rehabilitation Center, LLC is conveniently located on Glen Oaks Avenue just steps away from LSU Medical Center, and near numerous doctors' offices and the offices of other health care professionals. The warm and friendly atmosphere experienced here reflects the long tradition of quality care that was begun long ago...a tradition based upon our belief that what counts most in a nursing facility is resident care. At Southern Oaks we know that quality resident care is no accident. It is the result of thorough training and hard work with a constant goal of improvement. It is also the result of a team of professionals committed to providing the very best in quality care. Our facility is small and our management and nursing teams know our residents well, their likes and their dislikes, their preferences and their habits. With our size comes a familiarity and warmth that is hard to achieve in larger facilities. Southern Oaks is continually working to upgrade and improve its services as evidenced by being one of the first facilities in our area to have an in-house nurse practitioner, leading our profession in electronic medical records, or simply by adding computer systems that are physically interactive and mentally engaging for our residents. Our amenities include carpeted private and semi-private suites, arts & crafts center, in-house rehabilitation and fitness area, and day rooms ideal for a quiet afternoon show, a lively LSU ballgame, or an evening of cards or dominoes. Our rehabilitation programs, including physical, speech, and occupational therapy, offer our residents the opportunity of returning to their greatest degree of independence based on a plan of care tailored to the specific needs of each resident. Our Physical Therapists help restore the range of motion, balance, strength, coordination, and functional mobility that allows our patients to improve the quality of their lives. Our Speech Therapists evaluate and rehabilitate swallowing disorders, language, speech, written and spoken verbal communication and verbal memory problems. Our Occupational Therapy team evaluates and provides training in activities of daily living such as feeding, dressing, bathing and meal preparation. At Southern Oaks Nursing & Rehabilitation Center, we are committed to *IMPROVING QUALITY OF LIFE.*

Central Management Company LLC

is passionate about its mission to *IMPROVE QUALITY OF LIFE.* Beginning in 1962 with Autumn Leaves in Winnfield, we are a local company that operates nursing facilities, home care agencies, and rehabilitation services across Louisiana and has over fifty years of experience in long term care. Central Management continues to earn the respect of our residents and their families, as well as our peers in the medical community. While each facility is unique, having its own personality and character, all are bound together by a corporate philosophy and commitment. We emphasize and value quality care and superior service in all our facilities throughout the state. Our commitment to *IMPROVING QUALITY OF LIFE* is not a passing fad or empty slogan. It is found in every facility, in every administrator and in every department.

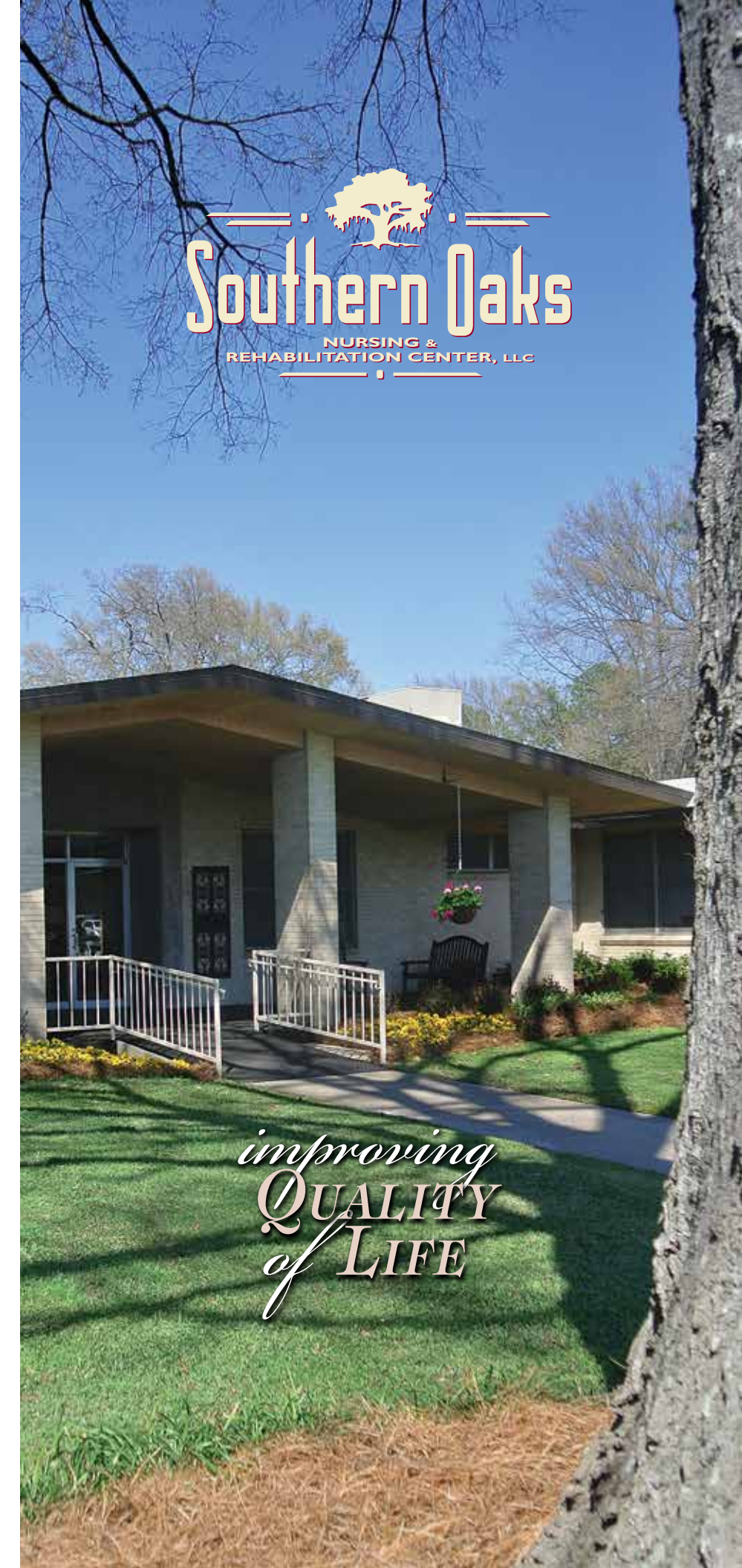
At Central Management Company we take our responsibility to be good stewards seriously and put our resources where our priorities are. We believe in continuous staff development and training, substantial reinvesting in upgrading (or rebuilding) our facilities, and adding cutting edge technology to provide the very best services to our customers. We believe our staff makes the difference. They are first in line to partner with state agencies and trusted vendors to test and evaluate new procedures and services and have served on many boards and committees throughout the state including the Louisiana Nursing Home Association, Louisiana Board of Examiners for Nursing Facility Administrators, LEADER (Culture Change), the Home Care Association of Louisiana, and numerous local and civic organizations. Our supervisors and administrators expect more than mere technical compliance with governmental rules and regulations. They lead a team sensitive to the social and emotional needs of the residents. Consequently, our employees know more than their job - they know the importance of a kind word, a gentle touch, and the healing power of a smile. Our staff is passionate about *IMPROVING QUALITY OF LIFE.*



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improving
QUALITY
of LIFE



a major Milestone

Choosing a comfortable environment for a relative, friend, or even yourself isn't always an easy task. At Southern Oaks Nursing & Rehabilitation Center, we are very aware of this, and we realize this major milestone is an important event in your life.



Maintaining a strong tie to home, family and friends is of great importance to you and to us! It is our firm belief that the quality of life is as important as the quality of care. Southern Oaks is indeed committed to *IMPROVING QUALITY OF LIFE.*



Activities



Chapel services

Quality living

Our activity director carefully plans exciting and fun-filled events for everyone, whether it's an old favorite or a new adventure. Activities such as socializing with friends, old and new, attending religious services, pursuing hobbies and taking van trips enrich our residents' quality of living. All of our activities are geared toward maintaining independence and a high quality of living for each resident.



Testimonials

I was worried after Dad's stroke that he wouldn't regain independence. The therapy department at Southern Oaks helped him regain what the stroke took from him and now he can perform his own grooming and transfers.

Gail W.

Our family wishes to thank the therapy department at Southern Oaks for helping our Mother after her hip replacement. The therapist kept her engaged and they have truly been a blessing to our loved one.

Monique T.

The staff has been amazing in the way they treat our Father. He is the only Father we will ever have and they treat him just like family.

Gail B.

When I was searching for a facility for my loved one, I toured Southern Oaks and got a great feeling that the staff had genuine care and love for the people they serve. We admitted our Dad and I feel like we made a great decision.

Timothy S.

The activities here are great. They have made me feel like I'm at home.

Leonard S.



our Values

improving
QUALITY
of **LIFE**

Faith in God

We believe that obedience to God is best measured by our service to others and the wise stewardship of our human and capital resources.

Quality Care

We will strive to achieve the highest quality of personalized care possible for each resident delivered with kindness, sensitivity, and compassion.

Teamwork

We are committed to selecting and developing a professional team of caregivers that is passionate about quality resident care.

Integrity

We will adhere to the highest standards of honesty and character, worthy of the trust placed in us.

Commitment

We will never stop working to improve our care and services and remain committed to providing our residents the very best in quality care and superior service.

our Services include

- Licensed Nurses & Certified Nursing Assistants (24 Hours a Day, 7 Days a Week)
- Religious Services Provided In-House By Various Local Churches
- Chaplain Services - Marketplace Chaplains
- Beauty Salon/Barber Shop
- Laundry Services
- Arts & Crafts Center
- Planned Activities & Social Events
- Interactive Resident Computer System
- Physical, Speech & Occupational Therapy Provided In Our Rehabilitation & Fitness Center
- Regular Physician Visits
- In-House Nurse Practitioner
- Electronic Medical Records
- Hospice Care
- Respite Care
- Therapeutic Whirlpool Baths
- Private And Semi Private Suites
- Diets & Meals Monitored By A Registered Dietician (Selected Menus And Special Diets Always Available)
- Home Style Meals With Soups/Salads
- Transportation Available
- Beautifully Decorated, Warm and Friendly Day Room
- Free Internet Access
- Beautifully Landscaped Grounds With Multiple Pathways
- Special Security For Wandering Residents (Secure Care)
- Large Capacity Emergency Generator To Power The Entire Facility During Emergencies
- Sister Facilities Throughout Louisiana In Case Of Evacuation
- Medicare Certified
- Medicaid Certified
- Proud Supporter of LEADER (Culture Change)
- Member of LA Nursing Home Association
- Member of American Health Care Association



Meal time

is always a special time at Southern Oaks. Nutritious and appealing food, combined with good company, makes every meal an enjoyable experience. Our staff is always available to assist those who need help.